

## New moon hiding - Planting seeds in the infinite substance

### Abundance Checks - they are free and they really work

This is a practical exercise in intention. When you write these checks, you are aligning your intention with the universe, signaling that you are ready and willing to receive. Doing this every month simply re-affirms that intention.

Abundance checks are a tool we can use to create more abundance in our lives. They are written within 24 hours after a New Moon. Surprisingly, you really don't even need to believe that the check will work when you write it. You will however be amazed at the results, as you will see increased abundance in your life, in some life area. It is not always financial, but certainly in an area that you need.

If you do not have a checking account you can draw a check on a piece of paper and fill it out the same way -- the results will be the same, more abundance for you. Here's how to do them:

1. **Within 24 hours after a New Moon**, take a check from your check book. Where it says "Pay to," write your name.
2. In the little box on the same line where you would fill in a dollar amount write "Paid in full."
3. On the line underneath your name, where you would write out a dollar amount, write "Paid in full."
4. Sign the check: "The Law of Abundance."

Do not put a date on the check. Do not write a specific dollar amount in the check. Put in a safe place and forget about it. The Universe will take it from there. Many people are skeptical about trying this until they do it. After the first time, they realize the power of these checks and do them routinely every month! Try it yourself and see!

Write it down in your agenda!



**"Today I choose \_\_\_\_\_ . (Fill in the blank with what you DO want.)"**

When desirous of a life change, or any kind of a change, it's wiser to start from a place like: "I am who I am today, where I am today, because this was my choice and it has served me well.

However, it no longer serves me. My choices have changed. I give thanks for the amazing changes that now sweep through my amazing life."

## Write your Abundance Check within 24 hours after a New Moon

Date: "X "

Pay to: "Your Name" \$ "Paid in Full"

"Paid in Full" /Dollars

"The Law of Abundance"

Put in a safe place & let the Universe go to work.

### **New Moons 2019 – Arizona Time**

Jan 5, Saturday 6:29 PM

Feb 4, Monday 2:04 PM

Mar 6, Wednesday 9:05 AM

Apr 5, Friday 1:52 AM

May 4, Saturday 3:57 PM

June 3, Monday 3:02 AM

July 2, Tuesday 12:17 PM

Aug 30, Friday 3:38 AM

Sep 28, Saturday 11:27 AM

Oct 27, Sunday 8:40 PM

Nov 26, Tuesday 8:07 AM

Dec 25, Wednesday 10:15 PM

### **2019– Universal Year – 3** (2 + 0 + 1 + 9 = 12) then reduce again (1 + 2 = 3)

*“Overall, the 3 Universal Year shines a spotlight on creative self-expression, joy, optimism and authentic communication. The year brings opportunities to express new ideas and discover novel approaches to broken systems. It’s earmarked for all of us to take an honest look at how we express our feelings, desires and fears.*

*Despite deep unrest we feel on a global scale, the universal energy for 2019 invites us into the sandbox, onto the stage and into the spotlight. It reminds us to play and laugh, to find lightness in the shadows and to shine our light into the dark crevices in order to bring creative solutions to the planet.” Felicia Bender, Ph.D.; The Practical Numerologist*